

Diabetes and Heart Disease by the Numbers

In adults with **diabetes**, the most common causes of death are **heart disease and stroke**.



2-4x

higher heart disease death rates among adults with diabetes than those without diabetes.¹



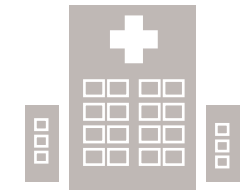
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people age 65 or older with diabetes die from some type of heart disease.²



16%

of people age 65 or older with diabetes die of stroke.³



1.8x

higher hospitalization rates among adults age 20 or older with diagnosed diabetes, reported in 2010.²

Talk to your healthcare provider about the tests and tools available at **Boston Heart** to **get tested and understand your risk** for diabetes and/or heart disease.

1. Centers for Disease Control and Prevention Fact Sheet American Diabetes Association Standards of Care.

2. Centers for Disease Control and Prevention. National Diabetes Statistics Report: Estimates of Diabetes and Its Burden in the United States, 2014. Atlanta, GA: U.S. Department of Health and Human Services; 2014.

3. The American Heart Association. Cardiovascular Disease & Diabetes. http://www.heart.org/HEARTORG/Conditions/More/Diabetes/WhyDiabetesMatters/Cardiovascular-Disease-Diabetes_UCM_313865_Article.jsp#.WQD01ty1tE. Accessed April 2017.